



HERE FOR YOU

SURVIVORS OF SUICIDE SUPPORT GROUP

- WHO:** Open to youth and adult survivors, who have lost a loved one to suicide.
- WHERE:** Department of Mental Health & Substance Abuse, Prevention & Training Branch, PEACE Office
J&G Ada's Commercial Center,
Bldg. F, 2nd Flr., Hagåtña
- WHEN:** Every 2nd and 4th Thursday. 6:00PM to 8:00PM.

24-HOUR CRISIS HOTLINE
(671) 647-8833

NATIONAL SUICIDE PREVENTION LIFELINE
1-800-273-TALK (8255)

ALL CALLS are free and strictly confidential.

Get Involved. Learn Suicide Prevention Skills.


ASIST

The **APPLIED SUICIDE INTERVENTION SKILLS TRAINING (ASIST)** workshop is a two-day workshop for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.

safeTALK

SAFETALK is a three-hour training that prepares anyone over the age of 15 to identify persons with thoughts of suicide, and to address them with the TALK steps (Tell, Ask, Listen, Keep-Safe), connecting callers to suicide first aid, and intervention caregivers.



FOR MORE INFORMATION, contact the Department of Mental Health & Substance Abuse, Prevention & Training Branch at (671) 477-9079~83. Visit us on the web at www.peaceguam.org. Find us on .