

Stop Suicide on Guam

With Help, there's Hope

I advocate for the vision impaired individuals so that they don't find themselves in a dark place, not knowing what to do, as I did 6 years ago.

TRACY
Suicide Caregiver



"Growing up, I knew suicide as an ugly word. Through the ASIST training, I've learned that it can be a relief to a person at-risk for someone else to openly ask, 'Are you thinking about completing suicide?' As a trained caregiver, I am more ready and able to assist those thinking of suicide to bring them to safety."

If you or someone you know needs help

MAKE THE CALL.

24HR Crisis Hotline

(671)647-8833

**National Suicide Prevention Lifeline
1(800)273-TALK(8255)**

**FOCUS ON
LIFE**

(671)477-9079 ~ 83

www.peaceguam.org

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